

2022 Ontario Fall Football League – Summary of Playing Rules – Appendix 1

	U10	U12	U14	U18 Women's
Eligible Ages	Players born: 2013 and 2014	Players born: 2011 and 2012	Players born: 2009 and 2010	Players born: 2005, 2006, 2007
Game Format	6 vs 6 – 3 players required on line	9 vs 9 – 5 players required on line	12 vs 12 – 7 players required on line	6 vs 6 – 3 players required on line
Roster Minimum	9 dressed	15 dressed	22 dressed* *LTAD requires 24 dressed, teams are asked to make every effort to meet this roster number	12 dressed
Field Size	Reduced – near sideline to <i>far hash</i>	Full Field Reduced for 9 v 9– near sideline to <i>far hash</i>	Full Field Reduced for 9 v 9– near sideline to <i>far hash</i>	Full Field
Timing	12 minute quarters, run time except last 6 minutes of each half, Per Rule 1, Section 5	12 minute quarters – Per Rule 1, Section 5	12 minute quarters – Per Rule 1, Section 5	15 minute quarters – Per Rule 1, Section 5
Game Ball	Wilson TDJ	Wilson TDJ	Wilson TDY	Wilson TDY or Nike Vapor 1
Conversion	Run 1, Pass 2, Kick 2 (kick is uncontested)	Run 1, Pass 2, Kick 2	Run 2, Pass 2, Kick 1	Run 2, Pass 2, Kick 1
Minimum Refs	3 referees on field, plus one timekeeper (can't be a parent)	4 referees on field, plus one timekeeper (can't be a parent)	4 referees on field, plus one timekeeper (can't be a parent)	4 referees on field, plus one timekeeper (can't be a parent)
Coach on Field	Yes – see Section 7	No	No	No
21 Point Rule	No	No	No	No
Fair Play Rule	No	No	No	No
Punt Rule	Yes – see Section 7	No	No	No
Special Teams Rule	Yes – see Section 7	No	No	No